

# Price List

|  | 1 <sup>ST</sup> Appointment Required | Appointments Required    |
|--|--------------------------------------|--------------------------|
| <b>Musculoskeletal Therapies</b>                     |                                      |                          |
| Chiropractic   | £48:50m                              | £40:25m                  |
| Osteopathy/Cranial Osteopathy                        | £48:50m                              | £40:30m                  |
| Physiotherapy  | £48:50m                              | £40:30m                  |
| Sports & Remedial Massage                            |                                      | £45:60m / £28:30m        |
| Pilates - Classes, 1-1                               | from £8 per class                    | £45:60m 1-1              |
| <b>Talking Therapies</b>                             |                                      |                          |
| Counselling – P. Bridgman                            |                                      | £62:50m                  |
| Counselling /CBT – J. Maguire                        |                                      | £75:60m                  |
| Hypnotherapy/NLP – J Dudley                          |                                      | £60:60m /£85:90m         |
| Psychology & CBT/Counselling – J. Fletcher           |                                      | £75:50m /£40:30m         |
| Psychology, Clinical & Occupational Health – Dr Salt | £165:90m                             | £115:60m                 |
| Psychotherapy  |                                      | £55:60m                  |
| Relationship/Redundancy Counselling                  |                                      | £58:50m                  |
| <b>Core Therapies</b>                                |                                      |                          |
| Acupuncture  | £50:90m                              | £40:60m                  |
| Manual Lymphatic Drainage                            |                                      | £50:60m                  |
| Nutritional Therapy                                  | £75:90m                              | £50:60m                  |
| Speech & Language Therapy                            | £150-£250                            | £76:60m                  |
| <b>Wellbeing Therapies</b>                           |                                      |                          |
| Aroma Reflexology – Valerie Anne Dawson              | £52:75m                              | £42:50m                  |
| Aromatherapy Massage – Valerie Anne Dawson           | add £10 +30m                         | £42:40m / £55:55m        |
| Reiki – Valerie Anne Dawson                          | “                                    | £65:80m / £85:110m       |
| Holistic Massage                                     |                                      | £45:60m / £28:30m        |
| Indian Head Massage                                  |                                      | £35:45m                  |
| Japanese Face Massage                                |                                      | £45:50m                  |
| Manual Lymphatic Drainage                            |                                      | £50:60m                  |
| Reflexology and Pregnancy Reflexology                |                                      | £45:90m /£40:50m/£30:30m |

Treatments by Valerie Anne Dawson can be combined



Accepted by most practitioners

Please call 01844 213344 for more information